

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

x [Signature]

WIC Participant

Other Comments:

We wanted the yogurt. Thank you!

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Melissa Anderson

WIC Participant

Other Comments:

*Thank you for making some changes ~
We would love to have fruits & vegi's, whole
grain bread & cereal and soy products!
Thank YOU!*

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Vina N. Lee
WIC Participant

Other Comments:

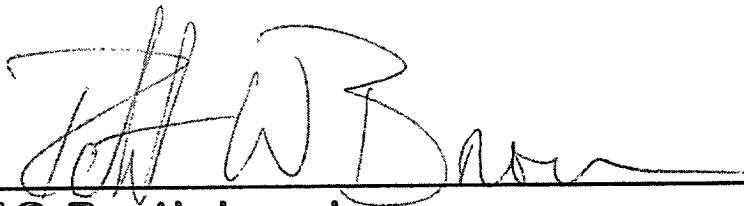
These changes can really help in starting
out eating the right foods and make it
affordable.

3704

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I Believe that providing fruits
and vegetables will be beneficial
for my child.

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

David M. Wells

WIC Participant

Other Comments:

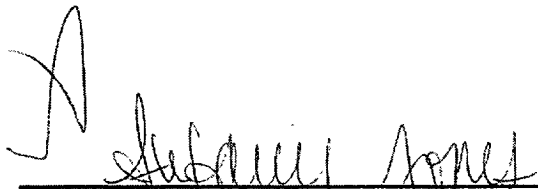
I'm very appreciative of the fact that
fruits and veggies are being added to my
vouchers fresh fruits and vegetables will
help my family make better food choices!

D3706

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I would like fruits and vegetables with
the WIC program because they are
better than juices and better "snack"
food.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Cristina I. Aranda

WIC Participant

Other Comments:

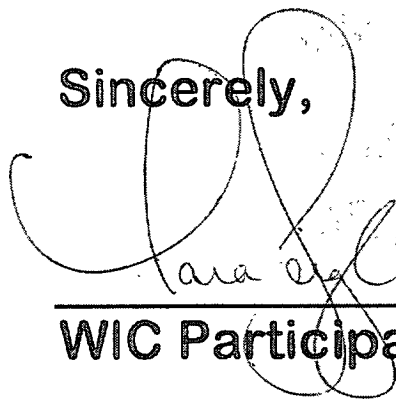
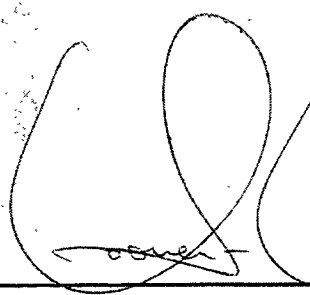
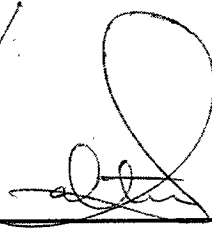
I love what they're doing
with all the new foods.

NOV 06 2005

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

   10/5/06

WIC Participant

Other Comments:

This is a great idea!
We eat a lot of fruits & veggies
and would love to have you
approve this idea!!
Thank!!

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Melissa Hicks

WIC Participant

Other Comments:

Love fruits.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Cecilia Baga

WIC Participant

Other Comments:

*Kids need more grain in
their diet.*

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Angela Brehears

WIC Participant

Other Comments:

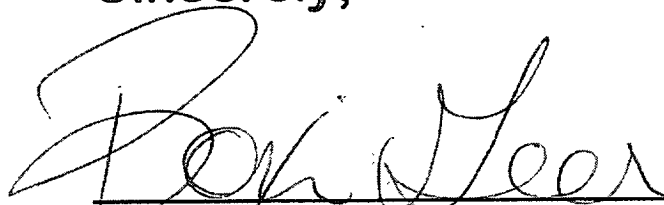
*I am happy to see the changes to
fresh fruits instead of juices.*

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

My twins LOVE LOVE fruits
& veggies. I would really
appreciate + think it would
make a lot sense for WIC to
add them.

THX
Roxi
Geer

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Mega.
WIC Participant

Other Comments:

I will be the same.
Onion, egg and juice

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Alyce Klein
WIC Participant

Other Comments:

The fruits & Veggies are nice but
We really liked have the
eggs milk and cheese.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sharon Brock

WIC Participant

Other Comments:

I think it would be
very good to have these different
varieties of fruits & vegetables

P3716

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Crystal McLean

WIC Participant

Other Comments:

*I think fresh
vegetables and more whole
grains would be awesome
and better for the children.*

NOV 08 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Jerome Bidawade

WIC Participant

Other Comments:

Please add things like low soy
milk + soy yogurt options without
having to get a prescription
from the Doctor. More fruits +
veggies is a very important part
of any diet!

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Cindi Flory
WIC Participant

Other Comments:

I think its great Wic will
be having the choice for fruits
and vegetables and soy milk.
My child is allergic to milk
products.

NOV 05 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

T. [signature]

WIC Participant

Other Comments:

I am introducing
of a new food

p3720

NOV 02 2006

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Jessica Suehne Garcia
WIC Participant

*I Feel Blessed in having
this program, and this change
would be better for my kids
Thankyou!*

NOV 11 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sabrina Stevenson

WIC Participant

10-25-06

Other Comments:

loosing milk eggs cheese is
not worth what you want to
give, it would only cost maybe
\$10.00 to get when it would cost
\$15.00 or \$20.00

NOT a GOOD
THING

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

RICHARD MANION

WIC Participant

Other Comments:

HAPPY TO HEAR ABOUT FRESH
FRUITS & VEGETABLES. THANKS

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Meagan Chow

WIC Participant

Other Comments:

We love eating fresh fruits and
veggies, but sometimes we can't
afford to buy them. So I want to
say thank you for adding fruits
and veggies to WIC checks. Helps a lot.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Crystal Graham

WIC Participant

Other Comments:

*I have had a problem keeping
fresh fruits and veggies in my
home. It would be a great and
healthy choice to get them from
WIC.*

NOV 11 15 2008

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Marie Forseth

WIC Participant

Other Comments:

Add fruits + veg. along with whole
grains are very important to a
balanced diet. the traditional American
diet is full of junk food + high fat
foods which set up children for a
lifetime of poor eating habits

3726

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Amanda Beatt

WIC Participant

Other Comments:

Fresh fruits and veggies are
a wonderful idea for children
and adults on WIC,

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kristina Blankenship

WIC Participant

Other Comments:

*I think that fruits and veggies
would be a great choice to add. It's
healthy for you and my son enjoys
to eat them.*

NOV 0 8 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,


WIC Participant

Other Comments:

I think this would be a very good
change. Fruits and Veggies are very
expensive But so good for our children.

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Elizabeth Bailey

WIC Participant

Other Comments:

*I like to feed my kids
lots of fruits & veggies every
day but I sometimes run
out of funds to buy them
towards the end of the month.*

P 3730

P 3730

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Amey White
WIC Participant

Other Comments:

I am so glad WIC will be expanding
what they offer it will be great
to get fruits and veggies for our
family.

P 8731

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kristy M. Chila
WIC Participant

Other Comments:

yes I'm really interested in fruits
and vegetables. I am really interested
in whole wheat bread, bread is expensive
but extremely healthy for you.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

*I am really glad that you are adding Fruits &
vegetables, because it helps to provide a more balanced diet
for my child.*

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Bethany Frankowski
WIC Participant

Other Comments:

Fruits/vegetables great idea

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Boruff

WIC Participant

Other Comments:

Let's have yogurt!

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kate Chauey

WIC Participant

Other Comments:

*This is great because fresh fruits &
are expensive.*

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Alessi Deanna
WIC Participant

Other Comments:

~~Heard~~ It would be better to
get more Fruits and vegies ~~be~~ for
people with ~~Gester~~ Gesthional ~~Di~~ Diabetes.

NOV 6 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

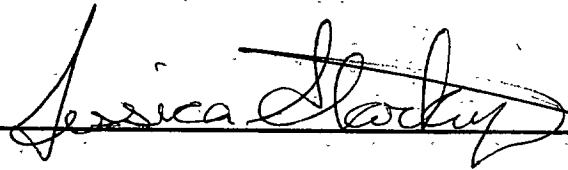
Other Comments:

*I Feel that juice is equivalent to soda, & children
should get the bulk of their nutrients through fresh
Fruits & Veggies.*

3738 NOV 0 0
Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Jessica Starkey 
WIC Participant

Other Comments:

I believe that adding more options like fruits,
veggies, bread, yogurt, baby foods, and other nutritious
items is a really good idea to help people feed
their children, it helps to ensure the health of
today's children.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Jennifer Trisdale

WIC Participant

Other Comments:

This would deffintly use ful
for all moms ü

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

It will be wonderful to have fruits
and veggies. We always have way too
much juice. I don't give him too
much because of cavities and
too much sugar in body.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Nicole Martin

WIC Participant

Other Comments:

*That would be wonderful for
fresh vegs!*

NOV 11 2000

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Vonda Taylor

WIC Participant

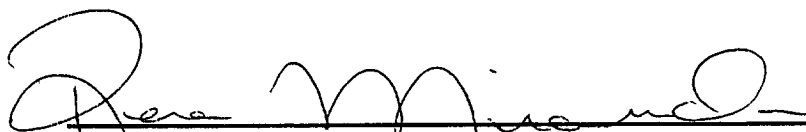
Other Comments:

Vourats DARCOLE SPANCHE

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I would like to see more fruits
and veggies also more beans and grains

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Melissa H. Cook

WIC Participant

Other Comments:

It's a good idea give a
variety of healthy foods to eat.

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Margaret Jones

WIC Participant

Other Comments:

It would be nice if fruits and veggies
was added to the wic checks.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

BRANDY WHITE
WIC Participant

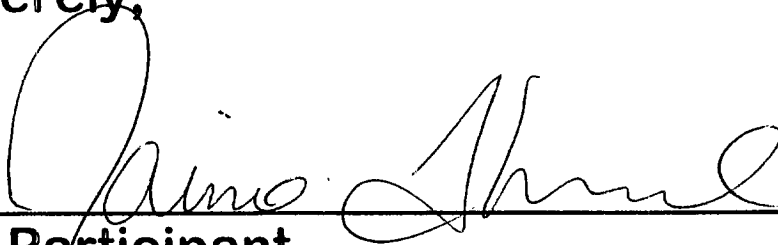
Other Comments:

We really like the idea, especially
~~for~~ with whole wheat tortillas

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I do not agree with these
changes. Please don't
change them.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Jennifer Moore

WIC Participant

Other Comments:

*I loved being able to get fresh
fruit and veggies. Thank you*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kimberly Sims
WIC Participant

Other Comments:

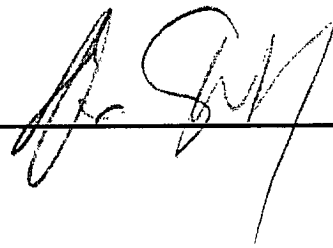
Wheat Bread. Thank you for
including fruits and veggies -
of

Dear Friends at US Department of
Agriculture,


Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Ne-Ke-Lish D. MORENO
WIC Participant



Other Comments:

Having a wider variety of supplemental
choices makes it easier to
feed my family more healthy
meals I can and often. 

3-10-1
P3751

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Stephanie Fielding
WIC Participant

Other Comments:

fruit & veggies & wheat bread
would be a really good
for WIC to provide
I also would be good because
you making sure children
are getting 100%
nutrition.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Amber Bidwell

WIC Participant

Other Comments:

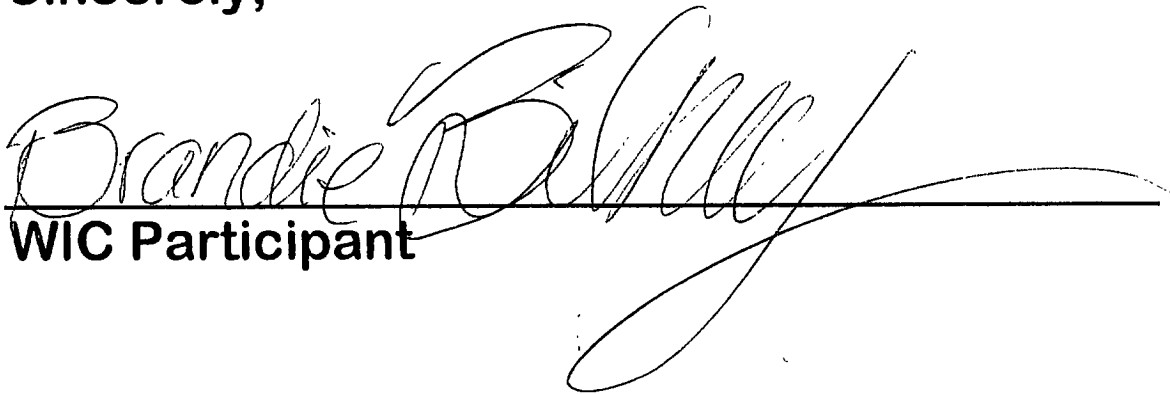
would love to get fresh fruits and
veggies

NOV 06 2008

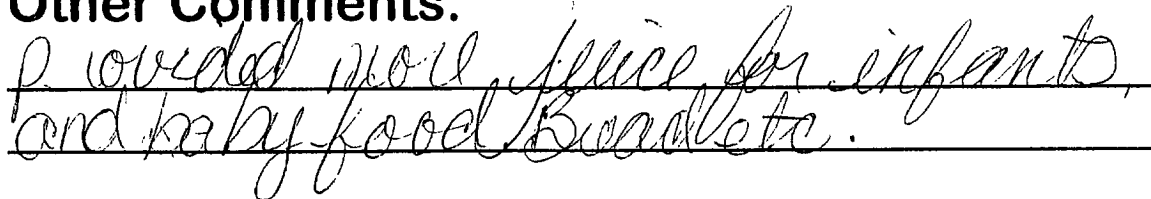
Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,


WIC Participant

Other Comments:



Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Larri Mason

WIC Participant

Other Comments:

Please add lowfat yougurt.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Anna Padilla

WIC Participant

Other Comments:

I would like to have yogurt.

Dear Friends at US Department of Agriculture,

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

Nick Panto
WIC Participant

Other Comments:

I am supportive of the proposed USDA package!

P 8757

NOV 16 2006

**Dear Friends at US Department of
Agriculture,**

**Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.**

Sincerely,

Jennifer Ralston

WIC Participant

Other Comments:

*What a wonderful way to round
out the foods wic provides to our
children. Our family cannot always
afford to eat the healthiest meals
and extra fruits & veggies are a big help!*

P 3758

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Daniel Stanhope
WIC Participant

Rebecca Stanhope

Other Comments:

I'm glad that we get milk & other
items, & it would be nice to get some
fruits & vags.

Thank you!

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Felicity Bushy
WIC Participant

Other Comments:

I think fruits & veggies are
a healthier choice than just
juice.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kayce Leich

WIC Participant

Other Comments:

I would love additions to the
whole grains and fruits and
vegetables.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Wendy Pauls
WIC Participant

Other Comments:

looks better + less juice, more grains
fruit veggies great vitamins :)
"BETTER DIET"
((

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Bator

WIC Participant

Other Comments:

*I really appreciate all
your support. Veggies has
truly helped our family.
Thanks.*

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Megan Cullen

WIC Participant

Other Comments:

*Will make it easier to make healthier
eating choices*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

N. Appiah
WIC Participant

Other Comments:

More fruits & vegetables would
really help.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

X Zuma Sijasso
WIC Participant

Other Comments:

THE PROPOSED USDA PACKAGE
IS MUCH NICER. & CHILDREN ~~THE~~ WOULD
LIKE IT MUCH MORE.

P. 3766
P3766

NOV 18 2000

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Kalale Spanglo
WIC Participant

Other Comments:

want soy milk + sliced cheese

T 0167
p3767

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

no presc. for Soymilk

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Danuel Netherland

WIC Participant

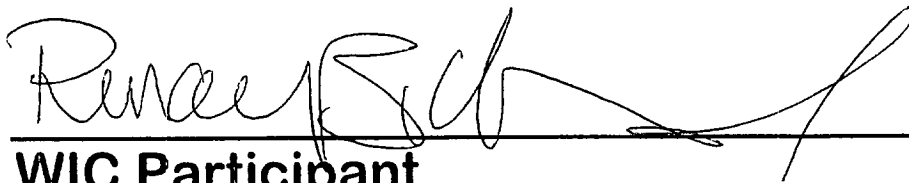
Other Comments:

the fruits & veggies sound great

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

We would like some
meat

13790

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Joel Byrd
WIC Participant

Other Comments:

I like the idea that you are
giving fruits and vegetables.

P3771

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I think its a great idea
maybe not reducing the milk
because our kids need plenty
but adding butter maybe. "

NOV. 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

It would be a big help
w/ grocery prices!!!

NOV 16 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Haley Casner
WIC Participant

Other Comments:

I think the veg, the yogurt,
and grains would be a great addition
to WIC.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Dawn Northcutt

WIC Participant

Other Comments:

would be very grateful to have
more healthier veggies & fruits w/ our
meals

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Vanessa Jackson

WIC Participant

Other Comments:

*Less juice, add bread, add fruit
and veges. please!*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Monica Gile
WIC Participant

Other Comments:


Soil milk is much
needed. for the program.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

It would be great. It would help at
providing a well balanced meal

P 0118
P3778

NOV 11 0 2000

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I highly Recommend this I think
that would be a wonderful
idea It would Be a better
variety I think :)

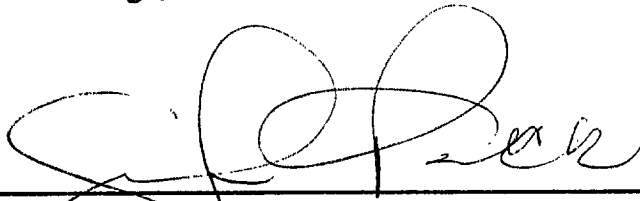
P8779

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

Great idea, better
variety

P3780

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Carta Hamilton

WIC Participant

Other Comments:

*less juice & more fruits + veggies
would be great.*

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sarah Hall

WIC Participant

Other Comments:

Adding Fruits & Veggies would make
snacks and meals healthier for
my kids that would be
great.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

*I think that add more fruits and
veggies would help with a Healthier
Diet for my self and Baby*

NOV 16 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Lacey R Fields
WIC Participant

Other Comments:

I think having the fresh
fruit would be great

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Tina Rose Tina Rose
WIC Participant

Other Comments:

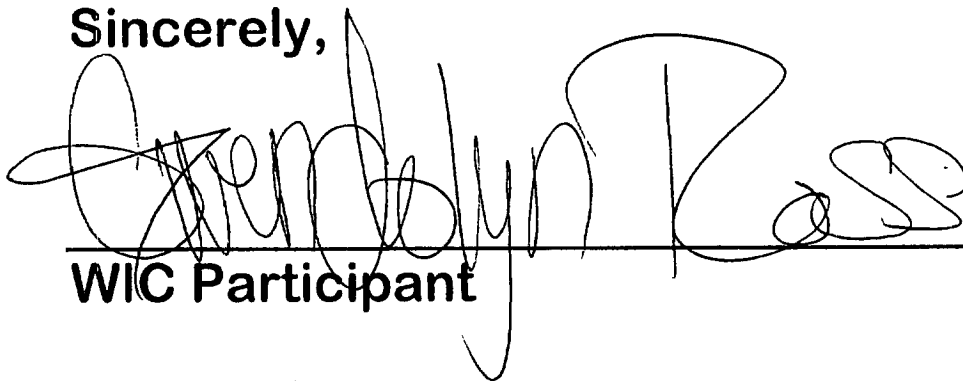
If you take the Milk & Cheese can
you replace them w/ some yogurt?

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I don't think it would be good
to reduce milk, that helps us the
most. I like the eggs and cheese
now they are new too. Tortillas
would be a nice addition, also yogurt.

NOV 15 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Crystal allen
WIC Participant

Other Comments:

~~more~~ we need Fruits + Veg's please

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Alicia Shugart
WIC Participant

Other Comments:

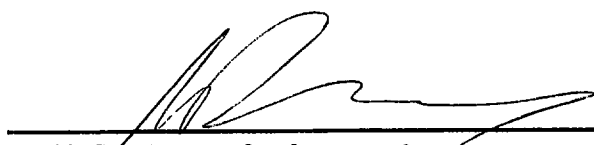
I think fruits and veggies are a
great idea! cause they are
expensive, and very nutritious.

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

 Amber Evers
WIC Participant

Other Comments:

I think its a great idea to add fresh
fruits and vegetables for infants and children
rather than filling them with juice.

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Michaela Weeks
WIC Participant

Other Comments:

this would be wonderful, I would
rather have my child eat fresh fruit/vegies
instead of juice

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sharon McLean

WIC Participant

Other Comments:

*It fruits and veggies are
very important and greatly
appreciated. Thank you
Sharon McLean*

NOV 16 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

It's about time! Yeah! Greens
& whole grains!

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Michelle Baulty

WIC Participant

Other Comments:

*it's a good thing for fresh
fruits a veg*

Thank you for adding fruits and veggies to the WIC checks. My family loves to eat them, but it has been expensive to buy them. Now I will be able to make healthier meals for us.

Sincerely,

WIC Participant

Other Comments:

maybe you can add another milk cheese & egg yolks.

Thanks,
Christopher Sanchez

NOV 06 2018

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

That would be great. These items
are expensive,

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Tammy Joe Esser

WIC Participant *Tammy Joe Esser*

Other Comments:

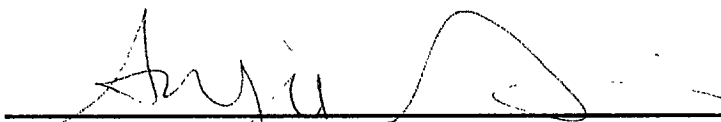
say! *Lower juice is good*

NOV 06 2006

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,



WIC Participant

Other Comments:

I can't wait for WIC to change in order
to allow for participants to purchase fresh
fruits & veggies rather than juice
It is much more healthy & helps provide
better choices for families who can't afford
them otherwise.

13797

NOV 05 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Darlene Mattingly
WIC Participant

Other Comments:

Need Soy milk - my son
has a severe milk allergy!

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Jessica Matthews

WIC Participant

Other Comments:

Because the kids love Fresh
Fruit & Veggies w/ Lunch and
bread for sandwiches. So yes
I think it's a good idea.

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Victoria Nelson (Victoria Nelson)

WIC Participant

Other Comments:

I think the sooner you add
fruits & veggies to the package
the better. It will be
much appreciated!

~~P3800~~

P3800

NOV 06 2008

Dear Friends at US Department of
Agriculture,

Thank you for adding fruits and veggies to
the WIC checks. My family loves to eat
them, but it has been expensive to buy them.
Now I will be able to make healthier meals
for us.

Sincerely,

Sheryl Stewart

WIC Participant

Other Comments:

*Healthier eating
habits start young*